## PRAYING IN PEN

## Lenten Journey

Tuesdays: March 6, 13, 20

Let your pen be your prayer partner as we explore the LENTEN scripture. Engage your senses, tap into the creative spirit within and open to its desire for expression to guide your pen in prayer.

Discover writing as sacred practice.

No experience necessary.

\$50.00 for 3 weeks Registration closes: March 1



**Carol Sebastian** sees WORD as living inspiration and a call to creativity. She is a spiritual director, an avid reader and a lover of language. Carol has worked as a journalist, in corporate communication, and in campus ministry. She volunteers at Common Ground Community Café in Sherwood Park and at Ten Thousand Villages in Edmonton.



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